|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| **HbA1c test done**  **in JDRA**  **for**  **21 Type 1 Diabetics patients**  **on 6th Aug 2023**  **From NABL Test laboratory.** | | | | |
| **Sr** | **Age** | **Gender** | **HbA1c value** | **Average Sugar**  **level** |
|  |  |  |  |  |
| 1 | 21 | M | 8.6 | 200 |
| 2 | 20 | M | 7.9 | 180 |
| 3 | 19 | F | 10.7 | 260 |
| 4 | 10 | F | 10.1 | 243 |
| 5 | 25 | M | 8.9 | 208 |
| 6 | 18 | M | 12.1 | 300 |
| 7 | 13 | M | 9.9 | 237 |
| 8 | 21 | F | 7.1 | 157 |
| 9 | 27 | M | 6.2 | 131 |
| 10 | 35 | F | 7.9 | 180 |
| 11 | 48 | F | 6.4 | 136 |
| 12 | 29 | F | 9 | 211 |
| 13 | 42 | F | 8 | 183 |
| 14 | 40 | F | 6.3 | 134 |
| 15 | 46 | M | 6.2 | 131 |
| 16 | 35 | M | 6.5 | 140 |
| 17 | 28 | M | 7 | 154 |
| 18 | 41 | F | 8.3 | 192 |
| 19 | 33 | F | 5.7 | 117 |
| 20 | 32 | F | 7 | 154 |
| 21 | 23 | F | 8.4 | 194 |
| **Average** | | | **8** | **183** |

“Our data, describing [glycemic control](https://www.healio.com/news/endocrinology/20220107/gap-in-mean-hba1c-values-growing-between-us-european-nations" \t "_blank) from over half a million people with type 1 diabetes across 22 different countries, clearly demonstrate the challenge of achieving lower HbA1c targets to minimize the risk of developing long-term complications,” **Sarah H. Wild, MSc, PhD**, professor of epidemiology in the Usher Institute at University of Edinburgh in the U.K., and colleagues wrote in a study published in Diabetic Medicine. “Glycemic control continues to vary substantially between age groups, countries and type of data source, with large proportions of people with HbA1c greater than 9%, particularly among people aged 15 to 24 years.”